



## Friends and Relatives

If my friends and relatives do not choose to accompany me on my spiritual path, why should I chase after them trying to get them to change? They won't listen to me anyway, no matter what I say. A better approach is to focus on my own change process. A river doesn't need to urge people into drinking its water. People are naturally drawn to it, provided its waters are pure, free flowing and sweet. In the same way become so attractive through your spiritual efforts that everyone will want to join you naturally.

## **8 Steps On The Road To Success (Part 3)**

The road to success is filled with major changes which we as travelers on it need to be able to adapt to and face, without the changes affecting us negatively. There are people who are very weak at adapting to change because of lack of spiritual strength and the tendency to look at the changes negatively. It is said at the Brahma Kumaris that the one who moulds becomes real gold or valuable or in other words spiritually pure or powerful. So, the **ability to mould or the ability to change** as per the different milestones one sees on the road to success is a spiritual power which we need to fill ourselves with. Also, as with traffic signals, what is required is **the ability to stop on the road to success** on passing certain signposts. These signposts convey to us that crossing them at that moment of time at the speed at which we are, will cause an accident in the form of an ill physical body or a broken relationship. Also, they may cause a stressful mind or a harmed professional or personal role which is being used to reach the destination of success in any sphere of life. This can bring the journey to the destination of success to a standstill.

Another spiritual ability is the **ability to inculcate new creative and constructive sanskaras as per the demands of what side-scenes** are seen on the road to success. These side-scenes may sometimes be surprising for many. The type of sanskaras which may be required to be inculcated at that moment of time could be simple like remaining egoless or keeping love maintained with everyone. Also, avoiding the negatives of someone and also not spreading them, not getting frustrated or tired and remaining patient, not creating thoughts of failure and accepting each one's role with ease. Some other sanskaras are emerging the power to discriminate between wrong and right or remaining economical in using resources like money, time and energy etc. Also, just like any other journey, sometimes **it is also important not to get stuck in these side scenes**. We need to ignore or let go of them and carry on with determination on the road to success with our complete focus on the destination of success which our whole journey is dedicated to.

## Check & Change

It is much easier to believe that it's snowing, than to experience the snow. If you just believe, you can stay inside, stay warm and avoid the cold. That's why people are led up the garden path by others beliefs. It's easier and warmer.

And all this 'believing stuff' starts in kindergarten. In the context of your spiritual or personal growth, believe nothing, experiment and test everything, in the laboratory of your own experience. Only then will you be able to separate truth from falsehood, reality from illusion, and lead others with integrity.

Challenge and check at least one belief every day. And if it's found wanting, chuck it or change it. Challenge, check, then chuck or change, now that's a master at work.

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## Message for the day

**To be a judge of the self means to be free from judging others.**

**Expression:** The one who becomes the judge of the self and not that of others, is free from criticizing others unnecessarily. Such a person also does not plead his own case by giving excuses and proving himself right. So he is able to bring about a positive change in himself and others are able to take inspiration from the change that he brings in his own life.

**Experience:** When I am free from giving excuses and reasons for things going wrong, especially to myself, I am able to experience progress in my life. For everything that happens, instead of blaming others I am able to take some new learning and use it for my own self-progress. I am able to remain light because I have no expectations from others, but am able to bring about a change in them through my actions.

*In Spiritual Service,  
Brahma Kumaris*