

Daily Positive Thoughts: July 13, 2017: True to the Best



True to the Best

Real honesty means being true to the best that is within you. This is more honest than simply speaking your mind.

Radiating Positive And Powerful Energy

You will notice many people in your life who are very much in need of love but they attract the opposite energy. This is because the negative energy of lack of love for the self and low self-esteem which they continuously radiate causes them to attract that same negative energy from others. In the same way, there are many people who are very much in need of success but they attract failure repeatedly. Failure is directly related to the quality of energy we radiate i.e. how positive and powerful our expectations of success are. Once we set the goals that we wish to reach, we need to be careful that we move towards our aim without creating the negative energy of fear inside our consciousness. **Failure appears when we make an effort to achieve those goals and we damage the result or attract failure without us desiring so, simply because of our fears of failure.** Even then, if at that step we feel that we have failed, we need to have a positive and constructive attitude.

We need to emerge the power to face and power of acceptance inside us. That way **our creative energies will flow** and we will carry on going forward without the failure (whether real or only perceived by us to be real but actually not real) becoming an obstacle in our path from doing so. Although at that time it may seem as though we have missed an opportunity or that some openings have closed for us, have faith and be fearless. If we are fearless and radiate positive and powerful energy, other possibilities will open up. We have this deep rooted belief that our fear will keep us safe, and we treat it like a comfort zone, a red signal that tells us that we should stop. **Creating a time every day to do something that you fear, helps you to re-condition yourself internally to begin to see the fear as a green signal and to develop inner courage, so that you can move towards your goal of success.** Each day, do what you fear and the fear will soon be removed.

Patience

Patience is a virtue and a power too. Patience tells us that the journey of a thousand miles begins with a single step and that we get over there one step at a time. Patience teaches us not to rush. Knowing that there is a reason and a season for everything it enables us to smile at the challenges, realizing that there is an answer to every problem. And, even though we cannot see it, yet there is awareness that within every crisis lies an opportunity.

Message for the day

Humility enables one to serve others.

Expression: The one who is humble is the one who is complete and full. So just like a tree which is laden with fruit, bowing down and offering all it has humbly, the one who is full is ready for service. He is available for others to take benefit from whatever resources are there with him. This humility earns respect from others and gives happiness to all.

Experience: When I am able to bow down with the awareness of what I have, I am fully in the stage of my self-respect. The more I am able to bow, the more others also bow down with regard to me and respect my fortune. This enables me to be a giver to those around me and experience contentment - constantly.

*In Spiritual Service,
Brahma Kumaris*