



"The Thinker" Sculptor: Rodin

Point of view

When someone disbelieves us, we usually argue back and try to prove our point. Yet we find that the more we talk, the less people listen. Unable to convince them, we end up frustrated.

Instead, when someone challenges my words, I should think about whether they might be right. Rather than stubbornly clinging to my point of view, I could embrace this as an opportunity to learn. Even if I am correct in my thinking, if I become able to understand someone else's point of view without getting angry or refusing to listen, I become tolerant.

Success In Your Stride (Part 3)

When told for the first time, we all think that isn't it a little natural to be a little egoistic when coming into contact with people who are connected to us in our roles of success. Also sometimes some of us, in the wave of success, think it's fine to order around people, either our family members or other people who come in contact with us. This could be at the workplace or in the spiritual service of humanity or for that matter any sphere of action. But do we remember, the moment we try and control people, we will stop influencing them and our ability to bring about changes in them reduces. And a successful person without the ability to influence people's opinions and bring the same in the favour of a common cause is like a ship without a rudder, which is used to steer a ship or change its direction. He cannot steer or change people as per the demands of the role of success and make it even more successful. Also, many people leave their basic goodness after having achieved something. Often, we see many people, after having become successful, talking rudely to others, taking for granted the others' good behavior and also seeing them as inferior. Success seems to bring for them, on the surface, the negative personality characteristics which were not a part of their natures before becoming successful. So, for them, success is temporary because a sweet natured individual, after having tasted success, can truly be called successful.

Also, success for some, takes them away from the Supreme. On the other hand, for some a relationship with the Supreme is strengthened because he has blessed them directly or indirectly with the gift of success – that belief is strong. There are many examples of successful people who became better people after becoming successful. How do we remain egoless after success? Love for God is the deepest and purest love in which surrendering the ego becomes very easy. It is said commonly at the Brahma Kumaris – *the return of the love and success that God showers on us is to turn or transform ourselves*. **So keeping praising the Sweet Lord in success and remain seated on the throne of pure pride or self-esteem. And in return of that, he will fill your life with more and more success, admiration, praise, respect, love and good wishes from each one.**

Keep it simple

Live simply so that others may simply live. It's a nice idea, but our lives are more complicated and complex than ever. What can you simplify today - your desk, perhaps your thoughts, a meeting? Simple means easy. Simple means asking, "Is this really necessary?" Simple means keeping it short but sweet. Simple means keeping the focus of your attention on what you need to do now. Today's mantra is, "lets keep it simple."

relax7

Message for the day

To look at positive in people is to relate to them well.

Thought to Ponder: Seeing positive in people earns me multiple benefit. One, I will be able to keep my mind free from negativity. Two, for having seen the positive side of people, I will be able to encourage them to use that aspect of theirs when in interaction with me. Three, I will also be able to earn their good wishes as I am relating to them positively under all circumstances.

Point to Practice: Today I will only have good wishes for everyone I meet. I will take a good thought for everyone dear to me and also for the ones I come into contact with. For today, I will not think negative about anyone. If the thought does come, I will postpone it.

*In Spiritual Service,
Brahma Kumaris*