

Daily Positive Thoughts: July 25, 2017: Think In a New Way



A Whale in Venice?

Think In a New Way

Your thoughts guide you to your destiny. If you always think the same you will always get to the same place. Think in a new way and you will be a new person. Give happiness to all and you will live in peace. Create peace in your mind and you will create a world of peace around you.

The Method Of Realizing Your Purpose (Part 1)

Throughout our daily routine right from the time we wake up till we go to sleep at night, we all always have something to think about, to say and/or something to do. We are occupied and are busy. The question is whether everything that we do forms part of our life purpose or whether we are simply occupying time spaces and using our mental, verbal and physical energy in activities, tasks and conversations that do not lead us to anything substantial or whole. We simply pass time doing and talking, but without a sense of purpose. **Although the things we do and/or speak about are necessary to be done, if they do not make up part of our life purpose, they will tire us. We will feel an inner emptiness and dissatisfaction, as if we are missing something.**

The most authentic purpose is that of fulfilling our ideal, our dream in life. What happens is that, sometimes, we haven't worked out what our true purpose or life dream is. **We have to ask ourselves what our true purpose is. There are two purposes – one is a purpose related to the self and the other related to what we want to offer to the world.** During the day we are exchanging energy - each one of us is different and can give something to the world during this exchange; each of us can play our musical note in order to contribute to the orchestra of the Universe.

(To be continued tomorrow ...)

Have the Consciousness of Giving

Normally there is a tendency to think of what we need and what we have to acquire. So we tend to think of ourselves alone. We think of sharing with others only when we have sufficient for ourselves. This creates expectations from others and there is disappointment when these expectations are not fulfilled. There are lots of resources in our lives that we can share with others. The more there is the consciousness of giving there is the ability to give and share these inner resources with others. We discover new treasures and use them for the benefit of all and also for the self. Then there is constant satisfaction in our lives. There are also constant good wishes that we receive from others.

Message for the day

To be a well-wisher means to think of changing first.

Expression: Being a well-wisher just doesn't mean wishing others well. It also means having good wishes for the self and having the pure desire to bring about a change for the better in the self. So whatever the kind of situations, instead of just judging others and what they need to change, the one who is a well-wisher constantly brings about transformation in the self.

Experience: For having worked on myself under all circumstances and having used every situation as a chance for self-progress, I constantly enjoy everything that comes my way. I have no expectations, but just think of benefit for others and myself. I then never find any situation to be an obstacle, but use it as a step for progress.

*In Spiritual Service,
Brahma Kumar*