



You Choose

Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people affect your mood. You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live life.

Playing My Part As A Hero Actor (Part 3)

In yesterday's message we had discussed how some of us believe that our life script has been written by God and we do not play any role in the same. In this regard, it is very important to state that **respecting, thanking and remembering God in good as well as bad times is obviously very very good and the right *karma* but submitting ourselves blindly to God's will is an inactive response which prevents each of us from using our free will to make any choice at any moment and shape our future.** While there is a master plan which is being played out on the stage of the world, a part of the plan is that we each have free will and an opportunity to decide our actions and responses. We need to realize that each one of us possesses an intellect, which absorbs the capacity to discriminate right from wrong, good from bad, from God and decides how to act on the world stage.

In this regard, there are two aspects. The first aspect is – God writes my life script completely for me without me playing any role in the same. The other aspect is - I perform actions and create my responses, based on God's knowledge of good and bad *karmas* which he has given me, so as to shape my destiny and write my life script accordingly. There is a fine difference between these two aspects, the second aspect being the correct one. This knowledge given to me by God is stored in my intellect; I am the master of it and can decide how to use it to play my part.

Have Enthusiasm

Whenever problems come my way, I tend to feel heavy with waste and negative thoughts. At that time I am not able to feel free and light. When there is heaviness in my mind, I can't move forward with enthusiasm and thereby find it difficult to contribute for others' progress too. Whatever the circumstances I am faced with, I need to make special effort not to reduce my enthusiasm in any way. Enthusiasm gives me courage and this courage in turn helps me use my own specialties for others' benefit too. I begin to discover new resources within me, which can be used for everyone's benefit.

Message for the day

Cleanliness of the intellect brings accurate decision making.

Expression: When the intellect is not clear, it is constantly wandering and it becomes tired. A tired intellect is not able to concentrate properly and so whatever decisions are made at that time are not so accurate. When there is cleanliness within there are no waste or negative thoughts and the entire thought power is used in the right way and so the right decisions are made.

Experience: When I am clean within, I am able to experience lightness. Because I am clean and clear within, I find that I do not have any conflict or difficulty in making decisions. Instead I will be able to find the flow of thoughts moving in the right direction very naturally. So I find things also moving in the right direction.

In Spiritual Service,

Brahma Kumaris