

Daily Positive Thoughts: July 30, 2017: Achieve the Impossible



## Achieve the Impossible

When you refuse to set boundaries to what is achievable, you can inspire others to believe that they, too, can make the impossible happen.

## Adopting A Wiser Perception

Depending on my choice of perception, I may see life as a battleground, where I face a constant battle from morning to night. The constant to and fro between family and work may tire me emotionally and mentally. If I let it and see it that way, life can also itself become the *cause* or *source* of my tensions. It may even seem as if the path of life is scattered with rocks blocking my way. Instead of stepping around or over them, I perceive them as being obstacles. The thoughts may come easily to my mind - *If it was not for so-and-so or such-and-such, I would be able to....* I may mention the same to my loved ones. Instead of bringing me any benefit, these complaints take me away from the power that I, the soul, have within of changing anything. I simply pass on my capacity to change, to persons or objects over whom or which I obviously have no control.

**If I am fortunate to have a wiser perception which spirituality can give me, life can become a great place to learn and grow.** Behind seemingly difficult situations are my major lessons. Disguised in routine tasks are the sign boards that point me back towards truth. **Relationships that bring with them repeated scenes of negativity with the same person and for the same reasons show me the weaknesses I have to work on.** Indeed, until I work on the eradication of my weaknesses, I keep repeating them. Challenges do come, but they help to bring out the best in me. **If I have the subtle eyes to see and the courage to go forward... life is a constant experience of reminders and benefits to progress along the road to my highest consciousness.**

## Speak to the Point

When we want to convey something to others, we tend to use a lot of words for it. Yet we find many times that our feelings are not conveyed. Then there is a tendency to use more words, creating a negative impact on others, sometimes even hurting others' feelings. Also they don't bring about accurate result. Accurate words means there is nothing extra spoken. Such words being short are sweet to hear too and are those that never hurt others. When our words are to the point, there is a lot of lightness experienced within ourselves and our physical energy is saved too. Others too experience benefit through our words and so we naturally get blessings from them, which helps us move forward with lightness.

## Message for the day

**True knowledge brings humility.**

**Expression:** True knowledge inspires and encourages one to bring about a practical change in one's life. The one with knowledge naturally imbibes it, which is also revealed in his practical life, because he is humbly willing to learn from all situations. As much as there is knowledge, so much there is divinity revealed in all words and actions.

**Experience:** When I am able to humbly learn from all situations I am able to enrich my own knowledge. This knowledge further enables me to become more and more practical. So during all difficult situations, I am able to remain light and internally stable. There will be no fluctuation experienced within, whatever the challenges may be.

*In Spiritual Service,*

*Brahma Kumaris*