

Daily Positive Thoughts: August 16, 2017: Wise Wealth



Wise Wealth

Wise Wealth

There are many words for which we have forgotten the meaning – love is one such word, and wealth is another. When we hear or use the word wealth today we immediately conjure images of huge cheques, large properties, five star holidays and the very best in everything. In fact it is this limited form of wealth, measured and defined essentially by money which blocks the realization and manifestation of true wealth.

Every human being is wealthy beyond imagination. But not in their bank accounts. Real wealth is completely intangible, invisible and deeply internal. Every human being is a unique individual spiritual entity. And as such, a source of the most precious energy in the universe. Love is the gold of the soul. We are each that gold at the core of our being. But few of us are aware of it, let alone consciously tapping it and expressing it. No one teaches us that love is what we are, that our purpose in life is to know it, and give it, and that when we do, all other energies, including the material stuff, will come back to us. We are taught instead that love is dead, love is daft, love is for softies, love is sex, loving is losing not winning, love is indulgence, love is about doing deals in our relationships. No wonder we are stressed out. We have a totally distorted view of wealth and an inherited belief system which clouds our view and access to the riches we contain within our heart. No wonder there is spiritual poverty amidst affluence, no wonder the destitute wander streets paved with the riches of their neighbours. No wonder the children in the villages of India have a smile that lights up your soul, while the kids in 'material land' are always miserable with their lot!

Are you wealthy, or are you Wealthy?

Absorbing Spiritual Light (Part 2)

How many times do we hear, *Oh, he is always in a bad mood..., It is my nature to be irritable..., He will never change...* This shows the extent to which the soul's own light has faded and been replaced by the dark curtain of negativity. Therefore it is better that we do not try to deal with each vice and defect individually. As the soul fills itself with the power of spirituality, its overall condition automatically improves.

Another significant point is that **there is a deep-rooted awareness within the soul of God and His *sanskars***, however much it may be covered by dirt and weakness. This is because each soul is the child of God and being his children we inherit his *sanskars*. These *sanskars* are present in us when we start playing our part in the physical world, but gradually they fade away as we take more and more births. **As these *sanskars* are brought to the surface of the consciousness, automatically our thoughts and behavior patterns change.**

In modern psychology it is stated that we must express all our negative emotions and not suppress them. But the fact is that *letting it out* leads the soul further into slavery to that emotion. Remembering that **thoughts, decisions and actions are formed on the basis of *sanskars*, which are deepened by repetition**, the soul can only cause harm by expressing any defect or vice. On the other hand, the psychological effect of suppressing negative emotions can be quite drastic. Suppression can lead to severe personality problems, even madness or insanity. The right path is that we emerge our positive *sanskars* with the help of meditation and other self-development techniques and the negative ones automatically vanish away.

(To be continued tomorrow ...)

Inside Connection

When there is the connection outside without looking within, there is inability to be the best and do the best in situations. Instead if there is a constant connection within, before the connection is made outside, then it becomes easy to express the inner qualities necessary to deal with the problems outside. When we allow our mind to get disturbed over small things, it will cost us our peace of mind. We are not able to retain our inner power, which is needed to experience freedom. On the other hand, if we are able to retain our inner peace, We can be connected with our innate divine nature. We are able to experience true mastery.

Message for the day

As is the aim so is the qualification.

Thought to ponder: If I have a high aim, I will set high standards for myself. I will make efforts to reach that aim. So the qualities that I imbibe will be of a great standard too. So, it is important that I constantly set high standards for myself and make my life qualitatively better.

Point to practice: Today I will, in any one aspect, set an aim for myself. I will then check to see if I can do a bit better than what I think I can do right now. I will make sure I will set an aim for myself a bit higher than what I normally do. This will increase my qualities and will automatically keep me prepared for higher things.

*In Spiritual Service,
Brahma Kumaris*