



## **Theatre of Life**

Ignorance makes us believe that life functions haphazardly. Wisdom teaches you that everything that happens in this theatre of life has profound significance. What we see today is not the fruit of chance but a fruit from seeds planted in the past. Plant seeds of peace now and you will create a life of peace in the future.

## **Empty Handed We Come and Go Away**

There is an old saying that we came empty-handed not only when we entered this particular life but when seen from a broader perspective, also when we entered the world. The same is the case when we leave this life or the world as a whole. Every birth for the soul is a fresh chapter or innings in its journey of life.

Everything that has come to us will definitely go away from us one day. While some may perceive this basic fact of humanity to be unrealistic and not in tune with practical life, but the fact is that attachment or the tendency to possess or cling is a defiance of this law, which leads to a form of fear filled spiritual suicide because the joy and contentment that seems to come from this tendency is only temporary and artificial and between these moments of happiness, there is fear of the loss of the physical or non-physical object that you try and possess, embedded in between and this fear causes the object to start controlling you and you feel suppressed and in bondage. As a result, your inner potential and creativity remains untapped and even starts reducing, without you realizing it consciously. In such a state, you fail to see and accept new ideas, opportunities and people in your life. Your inner world becomes closed and chaotic and very difficult to manage and your internal self is weakened and harmed, leading to an internal self suicide. When someone stops clinging to anything, physical or non-physical, they don't become indifferent or cold, but their consciousness just starts becoming broader and functions without any limits, barriers or boundaries.

(To be continued tomorrow ...)

## Soul Sustenance

### The Triangle of Spiritual Energy (Part 3)

Referring to the last two days' messages, all three points of connection (connection with the self, of the self with the Supreme and of the self with others) are necessary for good emotional and spiritual health.

If I am only connected inwards, there is a great danger of arrogance and being lost in only myself. If I am only connected to the Supreme Source with little reference to myself, or others, there is the danger of becoming rigid, fanatical and unrealistic. If I am over-focused on others and on my relationships with others, thinking I will receive my happiness and sense of purpose from them, then a dependence is created, which results in conflict and disappointment.

When I do reconnect with the outside world, it can only be done effectively from the point of advantage of connection with the self and with the Supreme Source.

This three-point connection can be depicted in the form of a triangle with the self as a point (A), then the vertical movement upward to the Supreme Point (A to B), then the horizontal connection to others (A to C). Others need to have their own independent and personal connection with the Supreme Point to revitalize and renew their own consciousness (C to B). In this way, the triangle of harmonious energy (ABC) becomes complete.

(To be continued tomorrow ...)

## Message for the day

### **The one who is selfless is the one who is the best judge.**

Projection: When I have to take a decision, either for others or myself, there is some kind of selfishness or greed involved in it. When I think only of my selfish desires, my judgement would not be accurate.

Solution: I need to be detached and see what benefit there is for each one with the choice that I am going to make. The more I think of the benefit of all, the more my judgement is accurate.

## Passion

To live life with passion is to discover what invigorates and inspires your soul. Make time to identify your passion.

When you find your passion, it's then possible to find direction and focus to do what you love.

You don't have to focus on just one passion. Why not, do a little bit of everything that you love?

When you live with passion, you gain enthusiasm for life as a whole and as a result you're better able to persist through life's challenges.