

Today's Thoughts: August 29, 2019: Success



Roger Federer: the greatest tennis player of all time

Success

Your determination pulls success towards you, and your focus pushes obstacles away.

To have an elevated consciousness is to fly across obstacles.

When we are low, we have to struggle and fight with each and every obstacle. On the other hand, when we are able to fly with an elevated thought, we are able to fly across all obstacles easily. Because of being in a higher position, obstacles look very small and we are able to influence them positively. Today I will not be afraid of obstacles but will find a means to fly up above. That means, a simple thought like "I have the power to overcome this situation" or "Success is my birthright" would help me maintain my confidence and self-respect. This will give me the power to deal with even a big situation.

Motivation - The Life Driving Force

Motivation is the driving force behind our thoughts, feelings, words and actions which transfers us from one reality to another, from where I am to where I wish to be. It is an inner positive energy, a combination of enthusiasm and clear perception that enables us to accomplish a task or overcome a challenge. It is the desire to be continually interested and committed to a task or to attain a goal or cross a difficult situation.

Our thoughts really do color our perceptions, and affect our motivation levels in many ways. What thoughts are serving you today? Which thoughts are weighing you down? **Have you ever turned over the exam papers of life - challenging situations, overpowering situations, disturbing situations, de-motivating situations; looked at the questions that life throws at you and wondered if you are sitting the right test?** Or glanced through these papers of life and only see questions or aspects you aren't equipped at handling? Or worse still, know that you once knew the answers to these questions but frustratingly, those nuggets of spiritual wisdom, required to overcome these situations are now out of reach no matter how far into the back of your mind you grope, causing emotions of worry, frustration, fear, anger, discouragement, depression, panic and hopelessness to erupt inside you?

(To be continued tomorrow)

Soul Sustenance

Living With A Purpose

How can we define heaven? Heaven could simply be described as the place to experience peace, joy and happiness. **So, what is our heaven in our practical life? How can we experience it? Fulfilling our dream or true purpose or experiencing it being fulfilled is our heaven. Living out our dream and purpose is to live in our personal space of heaven here and right now.**

If everything that we do during the day and in life is directed at fulfilling our **purpose - our reason for being, for existing and for living** - we will be much happier in everything we do, because everything will be channeled or focused towards what we really want. On the other hand, if we do a little bit of everything, but without knowing where we are going or what our true destination is, we will be like a ship that has lost its way in the ocean. The ship's crew steers the ship – it now goes towards the left, now to the right, goes backwards, then forwards towards the north, towards the south and in the end stays in the same place and gets nowhere, although it's crew is busy or is working all the time. The crew lets itself be carried by the currents, the tides, the waves in the ocean and the winds above the ocean. It has lost its bearings and doesn't know how to be guided by the stars, which would show the crew the right way. In our case, the stars being our intuition. Without our life's course dictated by a true purpose, we let our consciousness asleep and don't listen to our intuition, which will reveal to us our purpose.

Message for the day

To be elevated is to perform every task with understanding.

Expression: To understand means to know what to do. So the one who understands and performs the task with this understanding surely performs only elevated tasks. No task is negative, or waste. Nor are actions ordinary, but each and every action is special because there is clear understanding. Others too get inspiration from such actions.

Experience: When there is clear understanding of what I have to do, I am able to do what is right. So in this process, I find that there is a lot of time and energy saved and I am able to move forward very easily. I find that I am able to use my speciality in the right way bringing benefit to myself and others.