

Today's Thoughts: September 02, 2019: Be Happy



When a baby elephant sees the sea for the first time

**Be Happy**

Give yourself the permission to be happy right here, right now. Be satisfied with what you have when you are in pursuit of what you want.

## **Hero Actor**

To be an inspiration to many is to be a hero actor. When we see negativity in others, we usually think and speak about it. We then take no inspiration to think and act positive. The more the attention is drawn towards negativity, our actions will become negative too. Whatever the situation we are in, we need to make effort to change our own actions and turn them to positive. We will then be free from looking at the negativity in others. And our actions will become an inspiration to those around us, which will inspire them to become positive too.

## **The Power To Accommodate**

Closely linked to the power of tolerance, the power to accommodate means having a heart so big and generous that I am able to rise above all differences of character and personality while interacting with other soul actors, knowing that every actor in the enormous drama of existence has a unique personality, contribution and role to play. Whereas tolerance heals wounds and removes hurt, accommodation accepts and values differences, observing them and ultimately absorbing them in my love, as an ocean absorbs the rivers that flow into it. While completing my own part as a river, I also need to be aware of God as the Ocean of Love and the Ocean of Wisdom and I as the master Ocean of Love. When I enter this consciousness through meditation, the goodness of all other soul actors becomes clear to me very naturally, and it is no effort for me to go beyond conflict and clashes of opinion.

I become like my father, the Supreme Soul who is an Ocean of Love. My father sees every actor in this world drama as his child and his love is the same for each one of them (even though they have different personalities and roles) because he has the spiritual knowledge that every soul's original nature is loveful and the present nature is just an artificial one which has been acquired while coming into the process of birth and rebirth. In the same way, I too, experience myself to be a master Ocean Of Love and see all souls as my brothers and absorb their different natures. This is the power to accommodate which I can inculcate inside me through the practice of meditation.

## Soul Sustenance

### Wearing The Crown Of Servant Leadership Gracefully (Part 4)

Very often in a group or team, while moving towards a common goal or objective or purpose, the leader of the group or gathering is required to give his opinion to make the objective of the team possible. **Servant leaders are extremely active, positive and authoritative in giving their ideas, when they are required to do so, but are able to keep a relationship of detachment with their ideas.** They maintain a right balance of **authority** (while giving the idea) and **humility** (while accepting the result of the idea, the result could be rejection or even acceptance of the idea). Also servant leaders are detached when accepting or receiving or listening to ideas from team members. The more the attachment to one's own ideas, the more will be the tendency to resist or reject the others' ideas, which they do not do.

**Also, when a leader starts misusing his leadership for his own good and greed, and becomes egoistic, his team members start staying away. Servant leaders, through their humility, become an inspiration for others.** Experiencing power and autonomy is healthy, but when a false sense of ownership sets up in leadership and the leader starts taking his role for granted, it is the time when a leader will experience great downfall in his role as a leader.

**Altogether, a good leader is one who uses his mind or law to handle himself and his heart or love to handle others which ultimately brings justice to his role.** Such a leader who maintains this balance of love and law wears the crown of servant leadership gracefully through various stages of life, enjoying the respect and earning the good wishes of all whom he comes into contact with.

## Message for the day

**To be free from negative thoughts is to be free from punishment.**

**Projection:** Whenever there is a negative situation I tend to react very negatively to it. I tend to have a lot of negative thoughts and experience a lot of difficulty at that time. I then begin to blame the situation and feel that I am facing punishment because of it.

**Solution:** I need to understand the fact that the biggest punishment I experience is through my own negative thoughts. The more I can free myself from these kind of negative thoughts I can free myself from experiencing any kind of punishment.