



## Making the Impossible Possible

The impossible is possible when we offer a finger of co-operation. We know that each of our five fingers are different - each is special, yet it's when they work together we find that whatever we put our hand to becomes successful.

## **To be happy is to be living.**

The true blessing of life is happiness. To be happy is as simple and necessary as breathing. Just as I don't forget to breathe, I shouldn't forget to be happy. Just as breath is life, happiness too is the true life. My lifespan is counted based on the number of moments I live happily. Today I will be happy and I will accumulate precious moment of happiness in the piggy bank of my soul. The more number of happiness I collect, the richer I will be. So today I will collect as much as I can.

## **Varied (Different) Concepts About The Supreme Being or God (cont.)**

There is an endless variety of human theories and concepts which appear to create confusion and even hatred among people when they are opposed to each other, but ultimately I must ask myself how far "I", the individual, have the experience of His powers and qualities.

The basis of forming a relationship with anyone is knowledge of who they are, what they look like, where they are from, and what they do. Similarly if I am to have the awareness of myself as a soul, and emerging from that, a close relationship with God, the Supreme Soul, then I must know:

- \* Who He is?**
- \* What His form is or what does He look like?**
- \* Where He is or where does He reside (stay)?**
- \* What His personality traits or *sanskaras* are?**
- \* What His acts or *karmas* are?**
- \* What is my relationship with Him?**

God is living and real, not a matter of scientific research. It is necessary for me to re-establish a living relationship with Him, on the basis of complete knowledge of Him. My connection should not be based on the fears and superstitions of the past.

## Soul Sustenance

### Exercise On Self Discovery (Part 2)

Think about which qualities you need to possess as a professional or as a homemaker e.g. qualities of a team leader in a corporate organization would be: efficiency, responsibility, focus, precision, determination, etc. Then, leaving aside the professional aspect, explore your basic, innate qualities. Reflect on your inner and spiritual values. Which values make you happy? Look deep into your inner self. Take some time in this and note down three of these essential values in your life. What conclusion have you come to? What are these values?

**The more we really understand ourselves, with our defects, weaknesses, virtues and values, the better our relationships will be with others.** We will understand when they have little understanding of themselves and others. Knowing oneself in-depth, taking into account everything described above as well as in yesterday's message, requires time, effort, observation and the practice of silence. In silence one can begin a conversation with oneself. In this way we can gradually discover our inner beauty and strength, and be aware of the basis of our value and dignity as human beings. When we relearn to see ourselves with our original qualities and innate values, it is also easier to recognize these qualities in others.

### Message for the day

**To do a task with love is to be constantly successful.**

**Projection:** When I start with something new, I usually notice that I'm successful for sometime, but I do not experience long lasting success. This is because I did the task on being told or being forced by the situation. External force makes me use my resources with commitment for sometime.

**Solution:** Love brings constant success because once I've experienced the joy of doing the task itself, I'll never give it up. Because it is done with love, I'll put in all my resources and do my best. So I'll experience constant success.