

Today's Thoughts: October 29, 2019: Riches



Kuan Yin, the Goddess of Mercy and Compassion

## **Riches**

The greatest good we can do for others is not to share our riches with them, but to reveal to them their own

## **The Role Play Of Thoughts In Relationships (Part 1)**

Relationships can be defined on the surface as a state in which two or more people are connected, the state of being related or interrelated or if the definition is expanded, the way in which two people, talk to, regard and behave towards each other, and deal with each other. Spirituality sees relationships from a deeper perspective - "relationships are not only what we do or say to each other, but are built on the basis of what we think about each other". So **relationships, when seen from a spiritual view point, are an exchange of energy at the level of thoughts and feelings, and then words and actions thereafter.**

Relationships are one of the most important wealth of our lives and one of the most important sources of our happiness. In order to make them successful i.e. to create the wealth of positive relationships and to experience joy through them continuously, it is important to base them on the right belief systems. One major incorrect belief that we carry inside ourselves with regards to our relationships is that relationships are all about behaving and talking in the right manner, because we think people see, know and judge only what we speak and do, they do not sense what we think, and so we don't give enough significance to our thoughts. But thoughts are more in number and being a more powerful and subtle energy, travel faster than words. When we interact with someone let us take care that along with the right action our thoughts are also right. If we have negative thoughts containing any type of impurity of hatred, greed, jealousy, resentment, selfishness, ego, etc. and we perform pure actions filled with the energy of virtues, neither will we be internally content nor will we be able to satisfy the other person. **In all our relationships, it is the intention, the packets of thought energy or vibrations that we transmit, which matter more than the action.** Giving significance to the inner intentions while coming into relationships is true transparency in relationships. Performing right actions packaged with thoughts which are coloured with negative emotions, will only transmit pain to the other on a subtle level, even though we did it for their happiness.

We shall further highlight the significance of thought vibrations in relationships using four examples in the next two days' messages.

## Soul Sustenance

### Directing Your Inner Orchestra Well (Part 1)

Our inner orchestra is made up of different music instruments – the different instruments are: our memories, desires, tendencies, mind, beliefs, emotions, feelings, fears, intuition, judgements, creativity, our imagination...

When you direct your inner orchestra well, you can remain unaffected by external influences without succumbing to them. When the orchestra directs you, you dance from one side to another without a clear direction and with a music that is not very harmonious or sweet; it is noisy and you suffer. Who is the director of this orchestra? You. Who are you? You – the consciousness, you - the soul, you – the being. **When your consciousness is in charge, you make the orchestra play according to the inner voice of your being, according to your purest intentions and values.** You can. You simply have to be awake, alert and attentive. If the director of the orchestra closes his eyes for a few moments and covers up his ears, what happens to the orchestra? You have to keep the eyes of your inner spiritual vision open; what is called the third eye. And listen with your heart, not with your physical heart but with the heart of your being. If your orchestra rules over you, and you - the director - are stiff, without flexibility, asleep, un-sympathetic, you will not be able to achieve your dreams or arrive at the destiny that you would like to reach. And, to make things worse, when your orchestra dominates you, you are more vulnerable to being dominated by the orchestra of others. Or you will allow someone else to direct your inner orchestra. This is the ideal road on which to get trapped and suffer. Is this what you want?

(To be continued tomorrow ...)

## Message for the day

### The right way of living spreads joy to others.

**Expression:** When people around me are not happy with me, I usually believe that I am right and they are all wrong. I then cannot check or realise my own mistake. So I rarely make an attempt to change myself and continue to wait for others to change or understand me.

**Experience:** If people around me are not able to get happiness from me or the way I live, I need to look at my own life in a detached way to see where I could change. Even a slightest change brought by me with sincerity will have a great effect on those around me.

### Do you love what you do?

Are you doing what you love? Or are you coasting on what's easy and familiar?

To do what you love, reconnect to your purpose. Purpose is invariably connected to giving. Take time to think about: what is it that you uniquely bring to share with everyone?

Reconnecting with your purpose is the easy part.

The challenge is to remember your life purpose on a daily basis and then step out of what's familiar. When you align your actions with your purpose, you'll love what you do.