

Today's Thoughts: March 20, 2020: Serving Other



Serving Others

The secret of finding deep fulfillment lies in serving others. The boss who looks after his staff and customers as he would his own family is a successful boss and a happy human being.

Success In Your Stride (Part 3)

When told for the first time, we all think that isn't it a little natural to be a little snobbish when coming into contact with people who are connected to us in our roles of success and also sometimes some of us, in the wave of success, think it's fashionable to order around people, either our family associates or people who come in contact with us at the workplace or in the spiritual service of humanity or for that matter any sphere of action. But do remember, the moment we try and control people, we will stop influencing them and our ability to bring about changes in them is left ineffective. And a successful person without the ability to influence people's opinions and bring the same in the favour of a common cause is like a ship without a rudder, which is used to steer a ship or change its direction i.e. he cannot steer or change people as per the demands of the role of success and make it even more successful. Also, many people leave their inherent goodness after having achieved something. Often, we see many people, after having become successful, snapping at others or talking rudely, taking for granted the others' good behavior and also seeing them as inferior. Success seems to bring for them, on the surface, the negative personality characteristics which were not a part of their natures before becoming successful. So, for them, success is temporary because a sweet natured individual, after having tasted success, can truly be called successful.

Also, success for some, takes them away from the Supreme, while for some a relationship with the Supreme is strengthened because he has blessed them directly or indirectly with the gift of success – that belief is strong. There are many examples of successful people who became better people after becoming successful. How do we remain egoless after success? Love for God is the deepest and purest love in which surrendering the ego becomes very easy. It is said commonly at the Brahma Kumaris – *the return of the love and success that God showers on us is to turn or transform ourselves*. **So keeping praising the Sweet Lord in success and remain seated on the throne of pure pride or self-esteem and he will adorn your life with the jewels of more and more success, admiration, praise, respect, love and good wishes from each one.**

Soul Sustenance

Understanding And Overcoming Ego (Part 2)

To conquer ego, humility and honesty are required. We need the courage to look into the self honestly and acknowledge that the characteristics of **I know** and **I control** exist and have to be removed, if there is to be truth and happiness inside. We need to remember the original - **I am** e.g.

I am a child of the Supreme Soul, similar to him in qualities and powers, I am the soul which is seated on the Supreme Being's (God's) heart throne, I am a knowledgeable soul, I am a blissful soul who gifts everyone with the treasure of happiness etc.

Through meditation and remembering the true - **I am** (shared above), the pollution of the selfish ego is gradually replaced by the remembrance and the experience of the pure self: the **I** that is not attached to anything, or anyone, but is completely whole within itself. The expression of this pure entity is not selfish but selfless and the person begins to share with others, everything that he/she possesses – knowledge, specialties, talents, virtues etc. where necessary, facilitating the awakening of the true potential of others, just like sunlight. Light is a great facilitator. It steps in, awakens and then moves on. An ego less person acts, interacts and expresses themselves in this way.

Message for the day

Mercy means to give courage.

Expression: The one who is merciful is able to give courage to the ones who are weak, because of the ability to look at the positive qualities in them. The weak ones are never made weaker with negative and discouraging talk, but are encouraged to discover and use the strengths that are hidden within. So real mercy will give the courage to the other person to change too.

Experience: When I have mercy on others, I will never lose hope on anyone, but will continue to have good wishes for everyone. Whatever the kind of person, even with the most negative situation, I will find my stock of good wishes to always be full. So I am able to be free from the expectation from the others to bring about a change immediately.

To leave weaknesses is to decorate with virtues.

True decoration is to decorate ourselves with virtues. For example, happiness and peace brings decoration to my face. In order to be decorated, I need to leave attachment to weaknesses. When I am able to give up weaknesses, my virtues too are uncontaminated. In order to give up weaknesses, I need not give too much importance to them. Instead, I need to focus on working on my strengths. Today I will decorate myself with one virtue. I will start with happiness. When anything happens to take away my happiness, I will remind myself that I cannot spoil my decoration. I will do all that I can to make happiness a natural part of my life.