

Today's Thoughts: March 11, 2020: Real Love is like a Tiny Diamond



Catherine, Duchess of Cambridge

Real Love is like a Tiny Diamond

The problem nowadays is that love is interpreted on a gross level. Just as many people are attracted to the size and glitter of a fake diamond, so are they swayed by false, superficial love. There is no value in either. A real diamond is often quite small, but it is flawless. That is where its value lies. Real love is like a tiny diamond: it is not flashy and it is without a single flaw. Real love is one hundred percent pure. There is nothing artificial mixed into it. It is clean. There are no ulterior motives in real love.

Beauty is Life

Becoming aware of own gifts and those of others fills life with beauty. When I am aware of others' unique gifts, I can encourage them to develop them.

Using my own gifts enriches others as well as myself. At times of need, I am able to draw on these qualities.

The Car-Driver Comparison To Aid Self Realization (Part 1)

One of the comparisons which help in self realization i.e. in strengthening the awareness that I, the soul, a non-physical energy am different from this physical body is that of the driver and the car, where the driver represents the spiritual energy and the car represents the body which is controlled by the spiritual energy. The biggest reason why I do not have the desired control over my physical body, my vehicle, my sense organs today is that I lost the consciousness of being a driver which could control and rule the vehicle. Instead I developed the consciousness that I am this vehicle, this physical body. This consciousness disconnected me from the ability and the power I possessed inside me to control the vehicle. If I want to achieve the desired control, I need to be in a driver consciousness i.e. in the awareness that I am a soul and my body is a vehicle, through which I experience life. Being in this awareness, in this consciousness awakens me and empowers me to regain the much required control over my body.

The car controls are the gears, brakes, accelerator and steering wheel which can be compared to the sense organs of the soul which are the mind, intellect and sanskars and those of the body which are the eyes, ears, nose, hands and tongue. A good driver is one who remains extremely alert and is able to use the gears, brakes, accelerator and steering wheel effectively and efficiently, in order to be fully in control of the vehicle and avoid any accidents. In the same way, as I move on the road of life, I need to keep my mental and physical sense organs (mentioned above) in complete control. If I do that, they will keep my journey enjoyable and take me to my desired destination of mental peace and happiness safely and successfully. If I don't do that and let them overpower me, accidents will definitely occur, making me peaceless and sorrowful.

(To be continued tomorrow ...)

Soul Sustenance

The Spiritual Sculptor And The Piece Of Art

A sculpture is a three-dimensional artwork created by an artisan, a sculptor, by shaping materials which may be hard like wood or stone or soft like clay. God or the Supreme Being also has been remembered as the spiritual sculptor. With that consciousness, I being like a rough living block of wood or stone or a plain piece of clay, place myself in his safe hands. There are three types of faith in this consciousness:-

1. the faith in the Sculptor,
2. the faith in myself and
3. the faith in time.

It's my first faith, my faith in the Sculptor, in his vision of his finished work i.e. a perfect and complete me, which he foresees, waiting to emerge from my present imperfect self, that allows me place myself in his hands. His vision of perfection is so clear that knowing it, I feel I must regain my original condition. Also when I come in front of God, who is a perfect spiritual being, his love and the knowledge he gives me makes me aware of myself as a spiritual being similar to him. This awareness then reminds me of my original qualities and the spiritual beauty and perfection hidden inside me, which helps me in having the second faith, the faith in myself. I am able to trust the Sculptor, knowing that the knocks I receive will chip away at my weaknesses, and restore my truth and beauty. Initially, I may not know myself completely or have full faith in myself, the second faith, but God, the Sculptor, knows me and has full faith in me, all the Sculptor wants me to do is to be still and patient. Being still means having complete faith in myself and him and being patient means having the third faith - the faith in time. His knowledge and power gives me the strength and courage to be still and patient i.e. strong in all three faiths while he continues his work on me. I should not move or be impatient i.e. not let any of my faiths waiver, otherwise I will not become perfect. There is a vast difference between how God sees me, and how I am at the present moment. Holding the vision that God has of me, I have to just surrender my mind to the Spiritual Sculptor and keep myself in his hands. When I do that, the thoughts inside my mind get focused spiritually on him and as a result I receive his spiritual energy, which reshapes and transforms me. That which is highest and most beautiful in me begins to emerge gradually.

Message for the day

The beauty of things lie in the ability to appreciate them.

Expression: Nothing is positive or negative in itself, but the one who has the eye for positive things sees only positively even when there is negativity around. Such a person is like a swan, which separates and picks up only pearls from stones.

Experience: When I am looking only at the positive aspects, I am able to remain happy. If I am able to appreciate everything that comes my way, even if it is visibly negative, I find nothing to be a problem, but everything becomes enjoyable for me.