



## Crown of Light

There is a crown of light on those who are carefree. If you are worrying about anything you carry the baskets of burden on your head. Which do you prefer? Do you prefer the basket or the crown of light?

## **Finding The Destiny Maker (Part 1)**

All of us are players in the world drama with fixed roles, which we play in different births. At the same time **once in the world drama we get a chance to re-define or re-shape or in other words re-write our roles with the pen of spiritual wisdom** given by the Supreme and as per his subtle (non-physical) and physical directions given, when He comes down on Earth and is with us. So, we are indebted to God because of this, because our complete fortune and the roles we play would not be possible if the Supreme would not shower on us his love, his presence, his knowledge and his company.

You might ask that is destiny already made and we are merely playing the roles given to us? Also, are these roles given to us by God or are they just eternal and fixed? This is partially right. Roles are fixed and eternal but the roles are not given by God to us. As mentioned above, God only shares with us the way of re-shaping our roles when our roles are no longer happiness filled and our physical body, relationships with others as well our minds along with the roles that we play in our families as well as in our professional lives are no longer permanently happiness filled. On the other hand, there is sorrow in every sphere of life and if happiness exists also, it is not secured or safe. It is the time in the world drama when we can no longer say for sure that tomorrow will bring no negative surprises in the form of disturbing situations. So, we have to thank God because it is at this time when He comes down to help us and brings back happiness in all our life spheres. So, our roles are fixed i.e. destiny is already made and we are also given a chance by God to make our destiny once in the world drama. **Love for the Supreme who is the destiny maker of our lives should flow from our heart and we should make God a part of our lives and find Him in the world at the present moment and take the pen of writing our destiny from Him. This is because the time for doing that is now. In fact, it is now or never.**

(To be continued tomorrow ...)

**To experience the joy of doing is to bring beauty to actions.**

What I do is not as important as the experience I have while doing it. I need to work on subtracting any negative experiences while doing actions. Every action is an opportunity to experience some beautiful quality. Without that experience, the action is meaningless and purposeless. So, we might have achieved a lot of things during the day, but will only end up being dissatisfied by the end of the day. Today I will do something that I have always enjoyed doing as a child. Things in themselves are not as important as the experience while doing them. So, I will spend some time in doing something I have always enjoyed to do. Also, during what I do during the day, I will have attention to do it with joy.

**Message for the day**

**When your heart is open and clean you will be humble.**

**Contemplation:** Humility needs a good home to dwell in. When the mind is filled with negative feelings or biased ideas towards anyone, you cannot use your humility. So fill your mind with positive thoughts towards everyone.

**Application:** If you have negative thoughts towards anyone, make an attempt to remove them. Tell yourself that you don't like one particular aspect in that person and not the person himself. In this way you will help the other person also to bring about change.