

Today's Thoughts: July 04, 2020: Doing the Right Thing



Dublin High School Production of "The Matchmaker"

Doing the Right Thing

The world is a stage and we are all actors. Each actor plays a unique part and is responsible for his/her own actions. Responsibility means doing the right thing no matter how big or small the task may be. Each one of us has a special role to play in the making the world a better place.

8 Powers To Experience Success (Part 4)

When starting a day, talk to yourself that from the first moment till the end of the day I will remain stable and not be lacking any of the 8 powers - the power to tolerate, power to accommodate, power to face, power to pack up, power to discriminate, power to judge, power to withdraw and power to co-operate. Then, step into the day on a determined note and see what difference this first powerful thought brings to the day. It's like getting up and saying *Good Morning* to everyone around you. They say by doing that, not only the morning but the complete day is spent in a positive way. In the same manner, a morning thought of determination to succeed on an emotional level is a great start of the day which goes a long way in making us immune to the effects of the different types of problems that come our way throughout the day. It can be called a morning *mantra* which keeps us strong till the night.

A determined start of the day is half the work done and is the foundation of a day filled with success in keeping the mind under control, relationships successful, role in the family and at the workplace running smoothly, stability while handling wealth and lastly freedom from the sorrow experienced due to physical illnesses, if any. So, don't ever be in a hurry to start the day. A hurried start to the day is a sure method of bringing about confusion and powerlessness in the complete day and is the main cause of experiencing failure repeatedly. The power to succeed does not only mean success on a physical level but also the ability to stay happy, content, peaceful and light while doing anything. So, enjoy the day on a physical level but do not forget that without the experiences of lightness and power you will not feel satisfied from inside and will not be able to enjoy life to its fullest. And for that, a morning pledge of power and determination is of utmost importance.

(To be continued tomorrow ...)

Imbibe Good Qualities

We tend to admire people who have qualities we would like to have or do things we would like to do.

Think of the people you admire - they could be a character from a book, a movie or someone very real. What is it that you admire about these people?

Which of their qualities would you like to develop yourself?

Now all that's needed is to go out and start expressing these qualities in your life.

Message for the day

The sweetness of the mind brings sweetness in words and interactions.

Expression: There is an understanding of the need for being sweet in words and interactions. But this sweetness can be expressed only when there is sweetness in the mind. Sweetness of the mind means there is not even a trace of negativity. Such a mind is further open to all that is nice and beautiful and expresses its own freshness and beauty in interactions.

Experience: When I am able to keep my mind sweet, i.e., free from any kind of bitterness or ill-feelings, I am able to experience the beauty of life. There is no feeling of sorrow or negativity but the mind is nurtured to further positivity with everything that comes its way. I am then able to experience constant growth and progress.