

Today's Thoughts: August 24, 2020: Relationships



Relationships

A sensible person knows it is a waste of time and energy to get angry. Effort will then have to be made to reconstruct that relationship. It is much more useful to breathe deeply, pay attention to your attitude and answer without rushing. In this way, improve and strengthen your relationships with others.

Understanding What Are Karmic Accounts

We are not individuals acting alone in this world drama; we act in this extraordinary drama or play of life with other actors or souls who (along with us) play their different roles with different physical costumes at different times in the drama. **During the process of interaction with other actors (souls) and according to the type of interaction with them, we create accounts of debit or credit that become the basis of our connections with others.** The reasons for which a specific relationship goes well or not are in the so called *karmic account* that I have accumulated with the other person in the past. The past could be in this birth alone or in one or many previous births. **The souls that play the parts of parents, children, husbands, wives, brothers, sisters, friends, office colleagues and others whom I know form a network for the giving and receiving of happiness and sorrow from accounts established in the past or being created in the present.**

The strongest relationships that I have now were established previously. We knew each other in other lives and but in different roles. The daughter of some births ago returns now as the father, the best friend comes back as the sister etc. As long as the account exists, the interchange of actions between two souls continues. When there is nothing more to give or receive, the paths between the two souls separate by death, a break-up, a divorce or simply by the loss of contact. An e.g. of this is our school friends. Many of our friends whom we were close to in our school days, we are not in touch with today. Another e.g. is when we change jobs; we might lose complete contact with our old colleagues.

Be an Alchemist

Like an alchemist, transform something worthless into something precious.
The key to alchemy is in your perception.

Look for the limitless possibilities that surround you.
See the innate value of everything and turn lead into gold.

Focus on the pure gold within each one. You may have to overlook the visible lead to seek the hidden gold!

Message for the day

As is the aim so is the qualification.

Thought to ponder: If I have a high aim, I will set high standards for myself. I will make efforts to reach that aim. So the qualities that I imbibe will be of a great standard too. So, it is important that I constantly set high standards for myself and make my life qualitatively better.

Point to practice: Today I will, in any one aspect, set an aim for myself. I will then check to see if I can do a bit better than what I think I can do right now. I will make sure I will set an aim for myself a bit higher than what I normally do. This will increase my qualities and will automatically keep me prepared for higher things.