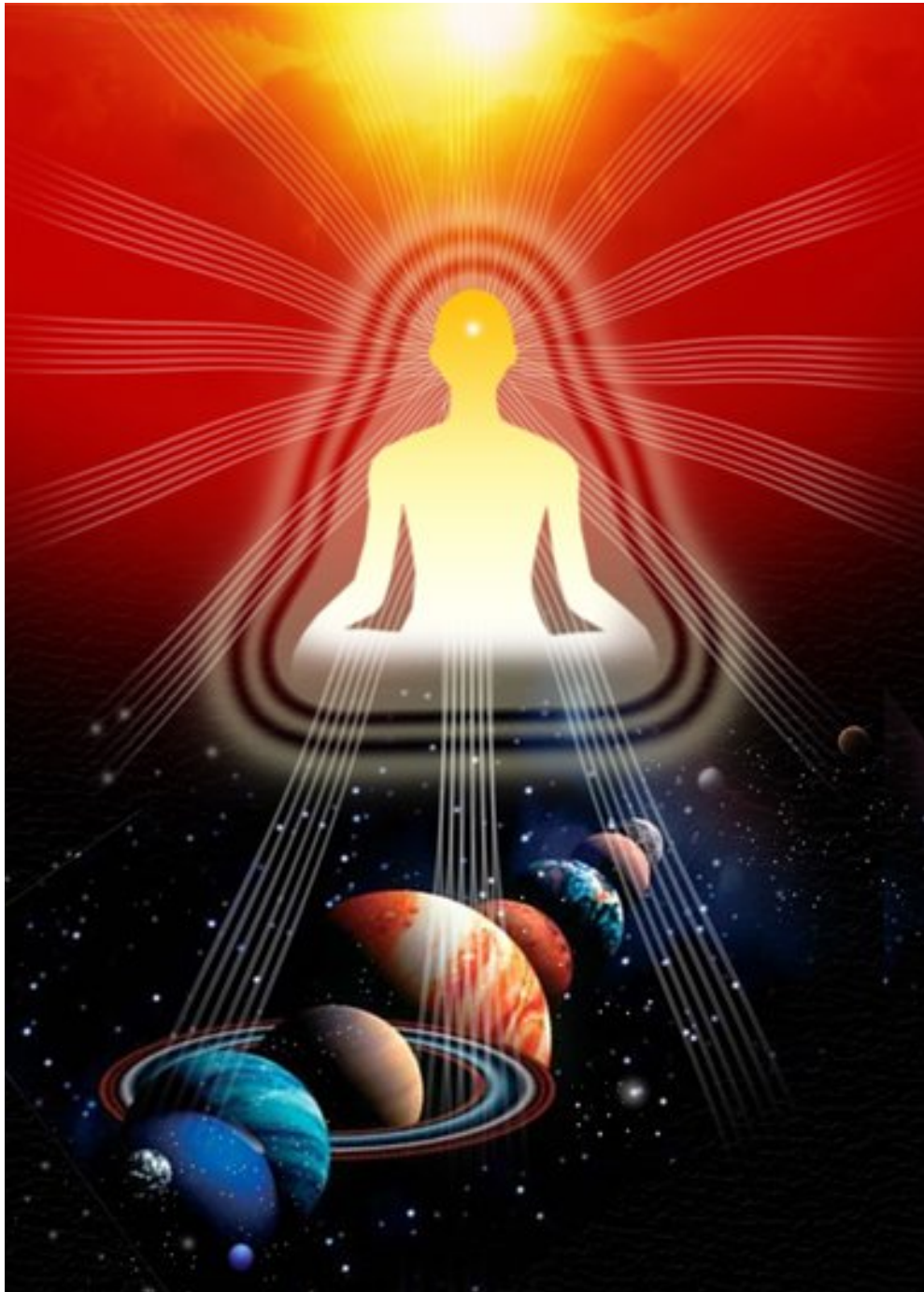


Today's Thoughts: September 19, 2020: Energy



Energy

If you speak badly of others, the negative energy that you put out into the Universe will return to you. The same is true of positive energy.

Be The Change That God Wants To See (Part 2)

Whenever you perform any action or speak a few words or even create a thought, ask yourself, will this thought, word or action be liked by God or not? Then create the thought or speak the word or perform the action. It's as if God is like a role model whom I have to follow and keep in mind in the complete day. This can be called as following the footsteps of God. Such a person's life is then filled with a lot of praise from people around them. Their words, actions and personality are a source of inspiration for others and by making God a role model for themselves; they become role models for others. God fills such clean souls with specialties that help in revealing God to the whole world and bringing people close to God. Other people will come close to God but souls who are like God in their actions become the mediums for bringing them close. Remember, initially people may find it difficult to come close to God because they are in awe of Him but souls who are already close to God and to whom God has revealed Himself completely, will through their similarity in qualities with God, show them the way. This is not something to be proud of, but it is a bond of pure love with other souls and our duty to bring the lost ones and tie them in an eternal relationship with their spiritual parent - the Supreme and make sure that they not only experience love and joy from Him but also go on to share that love and joy with others. **Wow – that's a beautiful feeling of the heart when one is able to bring someone close to God, who is the spiritual parent of humanity and wants to see the whole world family united by the thread of His love.**

So, whenever you look at someone, whom you meet, remind yourself that you have a duty towards that person, which has been given to you by God of making the other person an extremely close companion of God. That is the most beautiful bond of many lifetimes and something which every human being has longed for many times in the journey of birth and rebirth.

(To be continued tomorrow ...)

Over-thinking

The biggest disease of the mind is over-thinking, especially too much thinking about others.

Thinking too much is like eating too much.

The heaviness makes it impossible to remain light and flexible.

Message for the day

To finish weaknesses is to get the gift of virtues.

Thought to ponder: When we make effort to finish any weakness with determination, we automatically get the gift of some virtue. The process of finishing the weakness itself brings out virtues in us. Also, the end result may not be the virtue we want, but it is surely some virtue that we obtain. So, it is important to work on removing weaknesses, whether we see visible gain or not.

Point to practice: Today I will take a firm decision to work on one weakness of mine, which I have been wanting to remove. I will chalk out a plan and begin work on removing it completely. From time to time, I will also revise and review my plan. I will also start appreciating the gift of virtues I am gaining in this process.