

Today's Thoughts: November 10, 2020: Think BIG



The Highlands of Iceland

Think BIG

Rise above little things. Be a big thinker. You are what you think. So just think big, believe big, act big, dream big, work big, give big, forgive big, laugh big, image big, love big, live big. Carry that list and you'll start feeling big. Be a believer and you'll be an achiever.

The Spiritual Concept Of Becoming A Trustee (Part 1)

Spirituality introduces to us a very beautiful concept of **trusteeship**. At first, I realize that as a spiritual being or soul, I possess the treasures of my mind, my thoughts, words, actions, virtues, powers, time, physical wealth, etc. Even my physical body is a treasure. **While I may have many a times misused these treasures earlier, now I learn how to use them correctly for my spiritual upliftment or the long term benefit of me, the soul. As per the Supreme Being's instructions, I use these treasures for a positive purpose of bringing not only myself but others also, closer to a state of truth**, a state in which the soul experiences its original virtues of peace, love, joy, purity, power, wisdom, etc. By doing that, I, in return, experience spiritual self-growth.

Each time I deviate from this purpose, I come down spiritually, or I do not grow spiritually. This is a different type of existence as compared to before when I did not even realize that these were treasures in the first place. **A treasure can be defined as something of immense value. So, these physical and spiritual energies or resources (mentioned above) which I own or possess, become treasures because by the right use of them towards myself and others, I can increase my value.** Here we refer primarily to the spiritual self's value. Once that is increased, the physical self's value also increases as a result.

(To be continued tomorrow...)

Do everything with love and love everything you do!

From the mundane chores to the projects that really interest you.

Do everything with love, and you're able to accomplish the task with ease, simply because there's no anxiety or tension about what you have to do.

Love everything you do, and you transform work into entertainment. And when you're enjoying yourself, others will want to be involved in everything you do.

Message for the day

The one who has the courage to face is the one who can bring about a change.

Expression: When there is a challenge which brings out a negative response, there is an immediate desire to move away from the situation so that the negativity finishes. But the real challenge is not the situation itself, but the expression of a weakness within. The one who has the courage to face this weakness and work on it is able to bring about a change accordingly.

Experience: When I am able to face the challenge of working on my own weaknesses, instead of moving away from the situation I am able to experience progress at every step. Then there will be no feeling of helplessness but I will be able to have full control on the situation. So there is the ability to learn from each situation and move forward constantly.