

Today's Thoughts: November 04, 2020: Think In a New Way



Japan

### **Think In a New Way**

Your thoughts guide you to your destiny. If you always think the same you will always get to the same place. Think in a new way and you will be a new person. Give happiness to all and you will live in peace. Create peace in your mind and you will create a world of peace around you.

## **Fulfilling Desires By Changing Your Belief System (Part 1)**

One most important characteristic that differentiates the Supreme Soul from human souls is that the Supreme Soul is the only entity that exists in this World Drama that is completely desire-less and remains that way eternally. If we were to make a list of desires that human beings have, we would name a lot many and various different types of desires. **Whatever *karma* or action any soul performs at different points in the World Drama, whether positive or even negative, pure or even impure, they are all performed to fulfill these different types of desires.** But when seen from a spiritual perspective, **whatever the external form of the desire may be, the internal desire is always very simple – to go back to its eternal (or inert) state of peace or original state of peace, love, joy and power.** The eternal or inert state of each soul is the state in which it exists before it begins its journey of birth and rebirth, when it resides in the soul world and the original state of each soul is the state in which it exists when it has just begun its journey of birth and rebirth i.e. at the beginning of the birth-rebirth cycle. Even negative *karmas* based on the personality traits of anger, greed, ego, lust, etc. may externally seem to be filled with violence or impurity, but internally, each time any soul performs such *karmas*, all it desires is a return to its eternal and original state (we shall explain this in tomorrow's message). But it does not realize how these *karmas* take the soul away and not close to these states.

This is where the role of the Supreme Soul comes in. The Supreme Soul is completely desire-less and possesses the capability, knowledge and power to fulfill these desires of the soul. **Being the Supreme Teacher, He guides and teaches us what are the right *karmas* or actions that can help us fulfill our desires and take us closer to our eternal and original state and which actions, take us away from it. Also He is the only one who can teach us how to connect with Him so that these desires are fulfilled,** because he is the Ocean of all the qualities that exist inside us in our eternal and original state and connecting with Him fills us with these qualities. The connection and the right actions, both, are vital for our progress.

(To be continued tomorrow...)

## Settling of Debt

If we recognize that all inner and outer effects or results in our lives have causes which can be found within ourselves, then we understand karma or the law of sowing and reaping.

If we are aware that we have just awoken to this law, and that we are consciously live with this law in our awareness we will also be aware that we were asleep to this law before - perhaps for a long time, possibly many births. It is therefore highly likely we tried to break the law. What we did not know was we cannot break this law. We cannot take anything without having to pay it back at some future stage. We may receive but we may not take - there is a difference. If we have taken then we must payback. Any form of pain or discomfort - mental, emotional or physical - means it is payback time. The universal debt collector has come to knock on our door. Accounts are being settled. If you can regard all pain, from a bump on the head to an emotional crisis, as the settling of a debt, you will be using the oldest wisdom to respond to life in the most enlightened way. The destination, once all accounts are settled, and all debts paid, is true peace and real freedom. Peace of mind and freedom from all pain.

-relax7

## Message for the day

**To be free from weaknesses is to make difficult things easy.**

**Thought to Ponder:** The real difficulty of a task lies in my own weaknesses. No task is as such difficult or easy. But when it is challenged by any weakness of mine, it seems difficult. Instead of having fear or negativity in any task, it is better to work on my weakness. Once I am free from my weakness, tasks seem easy too.

**Point to Practice:** Today I will check if any weakness is interfering with my tasks. If I find a task difficult, there is surely some weakness interfering. I will then work on any such weakness, once I recognize it.