

Tolerance – Part 4

1

If you have the power to remain content and to make others content, then the praise is portrayed in the form of Mother Santoshi. To remain content means to have the power to tolerate. There is so much praise of you. You have the power to become as light as the wind - that is, of being double light - and so you are worshipped in the form of the wind deity, or in the form of the son of the wind (Hanuman) . This is the worship of your being double light. Do you understand?

2

When BapDada hears some children, he has to smile. Should Baba tell you? Or have you understood it already? Teachers are clever in understanding, are they not? In fact, all of you are clever. When it comes to transforming the self, or tolerating something, or having to accommodate something within yourself, what do most of you say? “I have to die all the time.. I have to change all the time.. I have to tolerate all the time”. However, this dying is not like the dying where people say that someone has died and gone to heaven. In that

dying, they do not go to heaven. However, in this dying you receive an elevated seat in heaven.

So this dying is not dying, but it is claiming your self-sovereignty in heaven. Is it very difficult? It is not, is it? So, it is good to die, is it not? Or do you find it difficult? At that time you may find it difficult. "I am not wrong.. that one is wrong": should the one who is wrong change, or the one who is right change? Who has to change? Both have to change. In spiritual language, consider the word "change" to mean "to progress". Do not take it to mean to change yourself, but to progress. It is not changing in a wrong way, but changing in the right way. Do you have the power to transform yourself? Or do you think that you will transform at some time anyway?

3

To be an angel is to be double light - to experience lightness, to remain light throughout the day in your nature, sanskars, and relationships. The sign of being light is that you will constantly loved by everyone. You will be loving to everyone, and detached from them. Your actions will transform others. You should be liked by everyone - if they don't recognise you, then give

them your recognition through your own will power. For this you need the power to tolerate.

4

You are surrendered anyway, but now the stage of surrender must become even higher. Surrender means to have remembrance in every breath. Each breath should be a remembrance. What would be the sign of someone who does this? Yes, he would be cheerful... but will there be anything else visible on his face? Whatever is the extent of someone's tolerance, his power increases accordingly. Those who stay in remembrance in their every breath have the virtue of tolerance. Because of being tolerant, their cheerfulness and power will be visible: there won't be any signs of weakness on their face. Sometimes words of weakness emerge from your mouth: "How can I do this? ", "What will happen?".

Only when they come into the mind do they emerge as words - but they should not enter the mind. Be mine with your mind (manmanabhav), and mine with your acts (madhyajibhav)! The meaning of manmanabhav is very deep. Just as the drama continues to move second by second, in the same way the stage of the mind should move in a straight line, following the rails of the drama.

It should not fluctuate even a little bit. Whether in thoughts or in words, your stage should be like that. Sometimes whilst moving on the rails of the drama, you come to a halt. Sometimes the mouth says something. Sometimes the stage of the mind fluctuates, and only later do you catch hold of the stage. This also becomes like a stain. Achcha.

5

BapDada wishes to see this gathering, this Brahmin family, to have a face that is equal to the Father. Simply have the courage to have determined thoughts. It isn't a big deal - but those who have the power to tolerate and the power to accommodate can easily become free from anger. Simply remember one slogan: do not give sorrow and do not take sorrow. Many check that they didn't cause anyone sorrow, but they very easily take sorrow - one who gives sorrow makes a mistake, so the Father and the drama know about that karmic account, but why did you take it? You mustn't take it no matter how much someone gives, otherwise the illness of feeling increases - if your feelings increase in little matters, then waste matters cannot leave you.

6

Have the determination in your heart to end the causes, and definitely become an embodiment of

solutions. No matter what happens, or what you have to tolerate - even when you have to oppose Maya, and even if you have to tolerate one another in your relationships - you must not become a problem. Is this possible? If you have this determined faith then, from all those sitting at the back to all those at the front, raise your hands! This is good exercise for you. This is why BapDada makes you raise your hands.

Just as you have enthusiasm on seeing one another raise their hands, so too, whenever a problem arises, then see BapDada in front of you. In your heart say "Baba", and Baba will become present, and the problem will end. The problem will move away from you and BapDada will become present in front of you.

7

There is not enough power of tolerance. The greater the power of tolerance the greater will be the success in service. The power of tolerance is also needed to stay within the gathering. The power of tolerance is also needed for the final paper of destruction also. For the majority of you the percentage result of the power of tolerance is very low. Therefore you must now increase that. How will you develop the power of tolerance in yourself? The more you become loving, the

more love you have for someone, the greater the power is in that love. Have you experienced how you are able to increase the power of tolerance through love?

For instance, take the example of a mother and child. When an obstacle comes to a child, because the mother has love for the child, because of that love she has the power to tolerate anything. She is prepared to tolerate anything for the child. At that time she does not worry about her own body, or the circumstances etc. So also, if you have constant love, then it is not difficult to tolerate anything for the one you love. Because there is a lack of love, there is a lack of the power of tolerance.

8

Which main power is needed to overcome any obstacles? (Tolerance). Which main power is needed even before the power of tolerance? What is it that causes obstacles? (Maya). You were told previously that, in order to face any obstacles, you first need the power of discrimination. Then you need the power of making decisions. You need to realise that “this is Maya”: that it is not right. You need to decide whether something is of benefit or loss... whether it brings temporary attainment or permanent attainment. Only

after having made the decision will you be able to imbibe the power of tolerance.

9

The more you tolerate in an unlimited way, the more you receive unlimited blessings, because you are being obedient to the Father. The Father has asked you to tolerate. So, is following his directions a matter of happiness, or of compulsion? Do not tolerate under compulsion. Some do tolerate, but also say: “no-one has had to tolerate as much as I have had to!”. Then they come to the Dadis and say: “you do not know how much I have had to tolerate!”. However, what was the loss? You only accumulated benefit. If you follow the directions, you receive the Father’s blessings, and everything becomes easy. If you do not follow the Father’s directions, and do not received his help and blessings, then it becomes difficult.

10

On the forehead of some Raja Yogis there is a tilak of three dots, others have two dots, and some only one dot. In fact, knowledgable Baba has given a tilak of three dots signifying three forms of consciousness. In memorial to these three forms of remembrance they show the trident. The three forms of remembrance, or forms of consciousness, are: remembrance of self,

remembrance of Baba, and remembrance of the knowledge of the drama. These three aspects contain the complete knowledge. First there is the seed(Baba), and then the two leaves (knowledge of the soul and of the drama), and then from that the complete tree emerges.

On the basis of these three remembrances, the soul becomes the conqueror of Maya and of the world. If even one limb of the trident is damaged, it becomes useless as a weapon. So, those who are completely victorious have the three dots signifying the three remembrances. But some are wearing only two or one dot: there is not the constant remembrance of the three forms at the same time. There are some very good children who wear the three dots constantly. Their tilaks become indelible when they become the embodiment of remembrance. Maya cannot destroy that which is imperishable. To have the three dots of remembrance means to have total power.

In front of this power all the wasteful forms of Maya finish, and the five forms of Maya take on the form of five maids, five servants. Their appearance will be transformed. The vice of lust is transformed into pure

desire, and becomes your ally. Anger is transformed into tolerance through spiritual intoxication, and instead of burning you , it will burn your sins. Greed is transformed into giving, through unlimited detachment and distaste, and you become a constant bestower. Attachment is transformed into love. Arrogance, the consciousness of the body, is transformed into self respect and humility, the consciousness of the true self.