

Om Shanti!

Baba has given us a Raj yogi life and we have to enjoy it. How? An aloukik art of life. Divine art of living. How can we enjoy our divine life, aloukik life? In this world, everyone has got life but we can see many people in this world are not enjoying their lives. Right? We have to enjoy. We have to learn the art. We have learned already. Just we will revise. If there is no enjoyment in our life, if there is sorrow, if there is ups and downs, frustration and depression, anger and ego, so we can understand, we are missing something. We don't follow the right way of living this life. So we can churn now on this beautiful topic, Life is a long journey, a beautiful gift of Shiv Baba. Man makes it complicated. Sometimes when we become negative, we lose our happiness. So while giving this class, it's the thought in my mind that we all will do two practices so that this period of time, 80 mins, 90 mins we can enjoy very much. So I will remind you the Murali of 2nd of February in which Baba mentioned that every morning I will come done to you and will give you blessings. Baba notices he always said. Baba always said, you come to me and receive blessings from me but when he observed that children are not coming to me, so let me go to them. So he decided to come down to us. He is so sweet, so great, so beloved he wants to make us perfect on any cost. He is our supreme teacher, supreme Guru. He himself just as Loukik teacher thinks, he believes, he always churns like this - results of my class will be perfect cent percent, so he also does labor with the students. Our Baba, our supreme teacher is also so kind to us that he gives the maximum benefit to us. So one practice we will do. I hope you are enjoying this practice already. When we get up in the morning. How to do? What I am doing, I will share. When I open my eyes since that day. Today is 12th, 10 days. Baba welcome! I am ready to receive your blessings! Come down and give me blessing! I want this blessing. Make your mind. Fix up one blessing, which is very useful, very essential for you. Then I visualize BaapDada both are coming down slowly and slowly. Visualizing also is the biggest enjoyment. The more time we visualize that he is coming down, coming slowly, we enjoy. He came in front of me. Put his hands of blessings on my hand, gave Dristi and gave blessings – Child be victorious jewel – be the conqueror of Maya. Be Master Almighty. Be ever happy. Become the embodiment of success. Become the destroyer of obstacles. HE is giving blessings to us this way. You can receive many blessings together or you can receive one and experience it for 5 days, 7 days. So we will begin now with this good feeling.

Be in this feeling – Welcome Baba! Give is thought to him. Baba I welcome you. Please come down and give a beautiful blessing to me. I want to become a victorious jewel. I want to become the conqueror of Maya. Please come down. Visualize, Shiv baba started to come down. He is coming down. Reached subtle world and entered Brahma Baba's body. Now both are coming down. BaapDada reached in front of me. He is giving Dristi. He put his hand of blessing on my head. He spoke – Oh sweet child, oh great child, be victorious. Accept it that Baba has blessed me. I am a victorious jewel. Feel that from his hand divine energy id entering my whole body. Spreading in my brain, cooling down all sense organs. Om Shanti!

So first thing I would say to you. Make 5 principles of your entire life. I remember in the year of 1969, I made 10 principles. 10 laws for myself and I thought that I bind myself in these 10 laws. This is a line for me. I will never cross this line. On any cost I will follow these principles. 10 I made. I am suggesting you to make at least 5 laws of your own life. One principle was, I will never waste my time. It gave me many good experience in life. Just one principle was – at that time yagya was poor so I decided I will never ask anything. Whatever I achieve from the yag, I will be content in that. Third principle was, in Baba's service, I will never say no. A wonderful thing. Although I knew it was a difficult thing, a hard thing, but I

made my mind that I will say always yes and I remember my whole life, it became the instrument to give me many blessings in my life. I got many talents, I got many good experience, just by saying yes. Just one simple thing. Many times I was sick. Dadi asked me to do this and I said yes. By doing that service, my sick ness gone. At that time, we did not have medicine in our yag, no medical facility. So this was the biggest healing procedure for me. Say yes and body got well. Many times. Many times I got very good talents from Baba. Now I can say blessings from Baba. To say always yes. One principle was, once I promise in front of Baba, I promise I will lead absolutely pure life. I will never break this promise. I will never see behind. There may be any difficulty, any Maya, but I will follow it. So this way, one very good thing that Baba says always. I will never miss Murali. Same thing for Amrit vela. Although I can say, I could not follow for Amrit vela, 100% but I did. One very good principle I made that time, that I will never have a debate with any one. Debate, we used to argue, why you did this? Why you have done this, so I just decided I will confess my mistake lightly and will remain silent. No debate on any matter. It kept me free from mutual clash. So in my whole life I am free from that. No problem in such a big family. So this way I would suggest you should also make 5 disciplines for your own life. Make your own. What I mentioned, you have not to do the same. You have to choose your own disciplines. Do you agree to it? It will become a wonderful thing in life. Second practice we will have to do now. That is a great practice for Brahmin life. I am master Almighty. Why I am master Almighty? Because Almighty Baba has blessed me with all powers. As soon as I am born, he gave me the gift of all of his powers to me. So I am the embodiment of all of his powers. Therefore, I am master almighty. Two great versions, I would say great versions in Baba's Murali, I remind you that the children who are master almighty, problems and obstacles cannot come to them. So to practice master almighty means to spread the vibrations of might all around. When we spread the vibrations of might, these vibrations destroy all problems from our way. Second version those who are master almighty, they can do everything with the power of thought only. With the power of thought. So just for one minute now, let us practice, I am master almighty.

Accept this thought. Baba has given me all of his powers. I am the embodiment of all Godly powers. I am master almighty. Most powerful soul in this world. More powerful than Maya. More powerful than problems. From each part of my body, red vibrations of might are going out. I am might house. Om Shanti!

So this practice makes everything easy. We have to become master in this practice. I can say with the experience of many Brahmins, that if we practice it many time a day, no Maya in our life, no problems in our life, no obstacles in our life, no mutual clash in our life, everything will become easy and light. Even we will be able to maintain very good health. Because two things have got healing power. Purity and spiritual might, this energy. If we gain these two powers from Baba, we get great healing power with us and with that healing power we can heal our body. We can enjoy good health in our life. So one thing was to make five disciplines for life. Today itself you make five disciplines – I will do these in my life. You can also write; I will not do these. Second thing, in order to enjoy our life – one thing entire world, any human beings are seeing this world with 2 eyes. We have to see everything in this world with third eye. See when we see this world, oh this world is also beautiful, but we have to use our third eye, the eye of wisdom that this world of Kaliyug will end now, I will go back home. It will give divine feelings that this earth, this entire earth will become empty now for coming deities. Everything will become pure now, this impure world will change into a pure world. See everything with this third wye. When you see your family members, your children, you see with two eyes – these are my children, this is my husband, this is my wife, this is my father, this is my mother. Now use your third eye. These are all great souls of deity

religion and see your experience. Our attitude, our Dristi creates vibrations. We can create these experiences in your Loukik home. Sit down at a place, see all members of your family. See them with this attitude, they are great souls of deity religion. They will experience, they will receive your good vibrations. This is a good use of our third eye. In order to enjoy our Brahmin life, we have to use, more and more our third eye of wisdom. We are knowledgeable soul now. We have to see everything being knowledgeable soul, means with our third eye of wisdom. Sometime in our mind, there is a worry, what will happen tomorrow. If we use our third eye, we will think everything will be beneficial. This is a use of third eye. Use of knowledge. When we see different different different types of human beings in this world, we can use our third eye of wisdom. All souls are playing their different different roles. Let me enjoy their role. None can be blamed. A very good thought. All are playing their fixed role. We cannot blame anyone. Why he is doing so, why she is not doing so. So we get free from this question of why, because all souls are playing their part. So this is the way, how to make life aloukik and divine. Let us again practice. Blessing from Baba. Same blessing.

Invoke BaapDada again. Talk to him. Oh supreme friend, bestower of blessings, we are remembering you here down. Please come to us and give a blessing. Thus BaapDada is coming down. HE is standing in front of me giving Dristi. His hand on my head. From his hand divine energy is spreading in whole body. HE gave me blessings – Oh great child be victorious, be successful, become the conqueror of Maya, be Master Almighty. Om Shanti!

One another thing for this beautiful life. That is forgiveness. We all have to adopt this in our life. Now itself we will do the practice. We know that in past 63 lives we also gave sufferings, troubles, we also created problems in the life of many human beings in the last 63n births and many of them also did the same to us. So we are bound to those subtle vibrations now. Because of those vibrations we don't experience lightness and many Brahmins don't enjoy Baba's meeting. Many cases come to me, they ask me. Just one case, that I am in Gyan for last 13 years. I met Baba thirteen times but I did not enjoy Baba's meeting. This was a problem with a sister. Just in this season. So I suggested her, that vibrations of many souls are making your mind heavy. Not allowing you to keep fresh. Because of those vibrations, you can't enjoy Baba's meeting. Many also mentioned this way that they enjoy everything before Baba comes and as soon as Baba comes down, they get upset. They get heavy. They don't enjoy Baba's meeting. What is wrong with us we don't understand. These all things are the effect of past life's vibrations. So we have to cut them off and method is. We will do a practice now. Emerge all souls in front of you. All those souls of 63 births who gave suffering to you. Visualize them that many human beings came up in front of me in subtle form. Those who gave trouble, problems, obstacles to me, and just with true heart, with a great self-respect, that I am a great soul, forgive them. With true heart I forgive you, be peaceful. Second thing, have the thought that the souls to whom I gave troubles, I gave suffering they emerge up and visualize that thousands of human souls in subtle bodies came up and just ask pardon from them. Oh souls, because of ignorance, I created problems to you. Now I have realized, I am asking pardon from you. Please forgive me and see the result. Mind will become very light. So let do now this practice.

I have to make myself very light now. Free from the heavy vibrations of past 63 births. I am a great soul. God has chosen me. I am most powerful soul. A mighty person forgives others. A powerful soul will easily forgive all. So now have a thought in your mind that the souls who gave troubles, sorrow problems in past 63 births to me, please emerge up, come up. See in front of you, thousands of souls are visible n subtle form. Have a thought in your mind. I am a great soul. I forgive you. With true heart I

forgive you. Be light. Feel that these all vibrations cut down. I got free from their vibrations. I am in my own great feeling now. I am a great soul. Second thought. Have a thought in your mind. In last 63 births, to whom I gave suffering, sorrow, troubles, come up. Emerge in front of me. Get emerged. Visualize now that thousands of souls, human souls, emerge in front of me in subtle form. Have a thought in your mind. Out of ignorance, out of ego and anger, I gave trouble, suffering. I created problems in your life. Now I have realized everything. Now I have realized with true heart I am asking pardon from you. Please excuse me, Forgive me. Feel that those vibrations cut down. I am very light now. I am very light. Happy. Om Shanti!

Even in this life, if someone did something wrong to you and you have revengeful feelings for them, you want to take revenge. It is a thought in your sub conscious mind, until I take revenge, I will not get peace in my life, forgive them. Forgiveness, it's a saying. Forgiveness is the noblest way to revenge. If you want to take revenge from someone, just forgive them. It makes us great, it makes us light, it makes us powerful. So we are powerful. We have to enjoy our Brahmin life, being very easy and light. Keep in your mind, those who are very light, they receive light from Baba and become light house. A yogi is moving light house. We have to become light house, because light will go to everyone and remove their darkness of ignorance from their mind. We are the light house. Our life is the light house for this entire world. So be very busy. Work on this in your life. I have to become soft and content. We have achieved God. Just churn on this one point. If we lose everything in our life. If we don't achieve any Loukik thing in our life, still we must be very intoxicated, proud of the thing, very happy in our life, very content that we achieved God. Oh! God came to me to adorn my life, to give blessings. He is giving his love to me, he is giving his might to me. I am so fortunate. So divine method to enjoy this life is to create divine thoughts in the mind. Elevated thoughts in the mind. You must make a list. At least 50 elevated thoughts. You should note down in your personal note book. You can get them from Baba's Murali. I am enjoying one thing from this Murali of 2nd February. I hope you also enjoy that point. BaapDada is giving you one gift today and that gift is, do you remember? I am always with you. See what a beautiful world. If you remember it, God is giving his company to me. He himself is saying I am constantly with you and where I am, victory is there. It's also mentioned in our Loukik Geeta. Same words. Arjuna, where there is religion, I am there and where I am there, victory is there. So God himself is reminding us, you are not alone, I am with you all the time. Accept it. Realize it, enjoy it. HE is with us all the time. It is a great thing. It can make us carefree. It can make us fearless. It can make us very powerful. It can give us great confidence within us. God, almighty, ShivBaba is himself with me. Feel it. Either in the form that ShivBaba is here in my head as the canopy of protection. ShivBaba is here. Or BaapDada is here on my side. Always his hand on my head. He is my supreme friend. HE is always here with me. So in order to enjoy this, we have to bring it into our practice. Minimum 10 times a day. Then it will become natural. It will enter to our subconscious mind then that I am not alone. I need not to worry about anything. God himself is with me. He is taking care of me. So these elevated thoughts, makes our life great. Carefree, fearless, because, in near future, we will have to face great destruction of this world. We know everything will get destroyed. Everything. So one another method, to enjoy this divine life is – detachment. Detachment is the sign of spirituality. If a spiritual person is not detached, he is not spiritual. Attachment is very common and natural with everyone. If we got a pen, easily immediately we get attached to it. This is my pen. Suppose after 10 minutes, it is lost, so we will think, oh my pen is lost. Oh my pen is lost. It will affect my consciousness. So attachment is very common. But a yogi must become detached. Work on this and for this just one simple method. You have got many things in your home, in your room, in your bag, with you in your suitcase, everyone has got. Everyone. So when you

see them, when you see them, have a thought these all things are just for temporary use. These are not imperishable; these are not eternal. These things will not last forever with me. One day I will have to leave them behind. These are not imperishable. Just for use, to enjoy my life. I have to enjoy my life by using these all things in my life. But, things are perishable. Such thoughts will make you detached. I used to say to Indian mothers. I don't know about your feelings. I know about Indian mothers. Specifically, they keep jewelry with them in their briefcases, in their almirah, very costly jewelry. Very expensive jeweler. They don't wear them. Just keep them in Almira and they see them and enjoy. Oh I have so much. They get old, very old, 85 years old, but they don't give, them to someone. Not to their relatives, not to their daughters, not to their sons. These are my jewelry. This word 'my' it causes attachment. So very divine art of this Aloukik life is, everything belongs to Baba. When you see your things, your wealth, your house, just have a thought, this is for Baba. The owner is Baba. I am just instrument. I have to just use. He has given me these things for use. Things are perishable, not imperishable. Give such thoughts. So slowly and slowly, gradually and gradually, detachment will come in mind. Detachment is very important. So Baba used to say in Sakar Murali, when Baba was in Sakar, one practical story. It is the story of may be 1967, one mother from Delhi came to Baba. So he brought a 1000 rupee for yagya. At that time 100rupee was a big amount. On the way, someone robbed her attaché and as soon as she reached to Baba and saw, oh here is nothing she was crying out. Baba I have made this money in one year. I brought for you for Baba's yagya, oh now what to do. She was repenting. Got depressed. Then Baba's answer was, see the subtle, the secrecy behind Karmas, Baba mentioned her. Oh mother, don't mind. The moment you have in mind, that these 1000 rupees are for Baba, they came to me. I had accepted it at the same moment. You need not worry. It came in your account of future. Such great is our Baba. So the moment we have a thought, nothing belongs to me, everything belongs to Baba, everything is for Baba, my each and every action is for Baba, at the same time he accepts them and we get a big reward of that. This is called surrender. So surrender your everything to him, then you will remain safe and protected. Everything for you. You are the real owner. Do you like it. Make your home into a yagya. Baba's yagya. Believe it. This is not my home. This is Baba's yagya. So Baba's words are, those who consider their home as Baba's yagya, they eat Brahma bhojan from Babas yagya every day. Their treasure remains full. So believe it, this is not my home, I am not cooking for me, I am not cooking for my children, it is Baba's yagya. I am making Brahma bhojan, I am eating Brahma bhojan. I am eating from Baba's yagya. Baba is sustaining me. Have such thoughts in your mind, then you will enjoy life very much. I am teaching one thing. Those who are cooking, when you cook just have a thought in your mind that I am a supremely pure soul. Many times. Minimum 21 times when you cook, make it a mantra for yourself, I am a supremely pure soul. Your food will become a good medicine, full with healing powers. When you eat you can have a thought that by eating this food, my mind must become cool. By eating this food, this disease must end. By eating this food my anger must finish. Like this if you can create any one two thoughts in your mind. So those pure vibrations which you gave to the food will work according to your thoughts. Yu must know it. This nature, our food, fruit, water, juice, milk, these all things, nature, they receive our vibrations in a second. They are very sensitive to our vibrations. So we can give specific vibrations to our food, to our water, juice or fruit. Then in return, they will give us many good experiences. I share one of my best experience recently. I am teaching these to all now a days. Two things. I am supremely pure soul. By this practice, you can heal many disease and I am master almighty, with this thought. So one very great experience for me. Just two months before, one sister from Punjab India came to me. She asked the solution of one big problem. That her younger sister of 32 years. She is hyper active. They gave some medical name to it. Hyper active. All the time aggressive. Peace less,

ready to quarrel, so 3 persons are appointed to look after her and hardly they control her. Otherwise, she is always fighting. What to do? So just I suggested two yukti. One charge water with the thought that I am supremely pure soul. Several times. Give Dristi. Repeat 7 times. I am supremely pure soul. This water became pure. Ask her to drink and have a thought that the vibrations and have a thought, by drinking this water, her mind must become normal. Do it 5 times a day. Second thing, it's very good yukata, you yourself can do. Rub your palm. Have a thought, I am master almighty. 5 times at least. To that sister I asked 7 times. I am master almighty. Put your palm on her head. Like this. Have a thought, by this vibrations, her mind must become normal. See the good result, in two months - Master almighty.

Song is played – Shiv Pita ko ab yaad karo, Sat yug mei ab tumko aane hai.

So that sister good normal. The family is very happy now. Without spending money, she is well. This is the miracle of our vibrations. Baba's power. So you yourself can do this practice. I am master almighty. Keep here and have a thought, by these vibrations, my brain, my mind must become pure and divine. Cool and divine and feel good vibrations. Just do now for a minute. I am master almighty. You can close your eyes. Master almighty, put your hand on your head, feel good vibrations are going to brain. A thought = by these vibrations let my brain, mind become cool and divine. This way, sometime when you come back from your job, to your home, definitely you are tired. Do this, I am getting fresh. Do it for three minutes, on your eyes, on your head. You will have very fresh experience. Next thing, which is also very very important, useful, beneficial. Surrender everything to Baba. In other sense now. All human beings in this world are performing Karmas. We are also doing actions all day. But there must be very difference between both. In your office, in your business center, where ever you work, some other souls also work with you. People must see, they must observe the difference between you and them. They are working being irritated. Rush, rush, rush all the time. No patience. Worry is in mind. Tension is in mind. When we are in our job, we must be very easy. Just invoke Baba. Oh Almighty Baba, come down, be with me, help me, cooperate with me. His powers will work with you. You will experience that hard work becomes easy, impossible things became possible and tension is relieved. We became very happy. So enjoy your each and every action. Make your mind like this. I have to enjoy my job, I have to enjoy my wok, I have to enjoy cooking, I have to enjoy every action, whatever I do right from the morning till night. I have to enjoy. Second thing in this point. Surrender the fruit, the result of the actions to Baba. Surrender the result, the fruit you got to Baba. Suppose, sometime, someday, you got lot of appreciation. Don't accept it. Let it go there to Baba. The other day, people are defaming you. Oh you are not good. You did this. You did this. Don't accept it. Let it go to Him. Do practice like this. In business, sometimes very good benefit, profit, surrender your profit to Baba. This is for you. Sometimes, not so good. Not as good as you expected. Surrender it to Baba. This is called, Karmateet stage. Practice of Karmateet stage. That Karmas are not binding us. We are free from the effect of Karmas. This is very divine practice in this life. We can keep ourselves free, if we do Baba's service all day. This that get tired. No, surrender it to Baba and then you will feel very fresh all the time fresh. So this way we can perform our Karmas being self-less. A great thing for spiritual life. Self-less Karmas. We do Karmas, but without having any expectations, although we expect that we must get profit in business. We expect success after this work, but it still selfless. Nothing for self. Selfless means no desires of name and fame. Just we have to do Baba's work. Baba's job. Loukik or Aloukik we have to fulfil Baba's job. Nothing else. In return we want nothing. Do and forget. This is the best method to enjoy this spiritual life. Perform your duty, do great thing, forget. Surrender them to Baba. Sending them to him, who is giving power to perform those things. I would share one experience, then we would do another practice. In the year of 1977, I

heard in one of Avyakt Murali. Avyakt Baba came down in meditation hall, Madhuvan, he mentioned. You are like sun in this world. Just as Sun gives light to this entire world, you are one who give light to this entire world. You are the sun in this world. This name and fame are like small candles. See what a wonderful thing, Desire of name and fame are like small candles. How these candles give light to you. You are sun. So don't desire, to receive light from these small small candles of name and fame. Since that day I realized, oh we are so great, we must not run after these small small things. Otherwise we will lose our divinity. We will lose our spirituality. Let us again e to the practice, I am Master Almighty!

Now sit on the globe, make a vision, not on chair. Make a vision, I am sitting on globe. I have to give good vibrations to this entire world. To the miserable souls. To peace less souls. I am the son of purity. Master Almighty. Visualize ShivBaba in soul world, the ocean of purity, the ocean of might. Just fix up your intellect on him. Now his vibrations are coming down to me. Vibrations of purity, vibrations of peace and might are coming down to me. A beautiful fountain is descending on me. Now these vibrations from me are spreading out going in entire world, giving peace to all human souls. Om Shanti!

In your life when you don't find any solution of a problem, when you feel that there is darkness everywhere. I don't see any light, surrender that problem to Baba and see a wonderful result. I remember one message which came in this hall for double foreigners. I repeat this before you. Many years before. Mohini behen from Newyork, went into trance brought this message. Just in brief. Baba gave one vision that over your head, there is ShivBaba. Almighty, the canopy of protection. He asked everyone to practice it for whole year. Second thing, Baba mentioned, I am for you. Make use of me whenever you me need in your life. Use me. Use my power. This was a home work given to everyone for one year. Next day again at the end of March, Mohan Behen went into trance, Baba gave little message for double foreigners and just mentioned like this, that last year, BaapDada has given you homework, but, listen, but, BaapDada had been waiting in subtle world and my children will come to me, he was just waiting, children were not going there. Then Baba was thinking, they are going to the ones, who have got two hands, they are not coming to me who has thousands of hands. What to do now for them. What can I do now for them? See a wonderful thing. Whole year, at that time whole year, I enjoyed it very much. Some of double foreigners also would have done it. So Baba is for me. Let this thought enter to your subconscious mind. God is for me. All that I am in. All situations that I am in, he is ready to cooperate with me. But we must go with true heart to him. Definitely he will give help to us. Some Baba's children used to complain. Its very Royal complaint. Baba mentioned in Murali, when every you remember me, whenever you invoke me, I will come down to you. Whenever you say My BABA, I will come down and cooperate with you. But when any Brahmins complain, we invited Baba so many times, but Baba did not come. How, why he did not fulfil his promise. We did but he did not come. I answered, he came to you, you could not see him. It's his promise, whenever you invoke me, I am bound to come down to you. He comes down, but we don't see him, why? Because our third eye is not so clean Rubbish, so many waste thoughts, negative things. So we have made our intellect a dustbin. Third eye dustbin. Rust, dust in dustbin. How then we shall visualize God who is standing in front of us. So how then shall we realize that God is standing in front of us. So cleanse your third eye, your intellect. Tis also our Tapasya. We have to make it clean. Now is the time to cleanse it. So don't allow, any rubbish, any waste in your divine intellect. Agree? Agree? This is a practice. I remember, although I think you will not understand the story. But I say here, one simple story. You know Pandavas in Mahabharat war? Five Pandavas. Their mothers name was Kunti. Just simple story. But very inspiring story. So because, Kauravas gave lot of troubles to Pandavas, so Kunti had hateful feeling, revengeful feeling, anger for

Kauravs, and she was thinking, let my children become young, they will fight with Kauravas, they will kill them, will take revenge. So one day, this mother Kunti was sitting on the bank of river Ganga. Ganges. Looking at the waves in Ganges and these waves were cooling down her mind that day. She was thinking that I have made my mind very poisonous. So many type of poison I have put in my intellect. So now let me do Tapasya to cleanse it. And from that day she forgave everyone, became cool and calm. Her mind became very peaceful and thus she enjoyed her life. Same thing, if we have put any negativity, any revengeful feeling, any anger for someone, just leave it, surrender it to Baba, because ever good thing I have noticed from Avyakt Baba, see Avyakt Baba came on 2nd of February, 18th of January, on both this occasions, everyone experienced that he was the ocean of love. Giving lot of love to everyone. So I was thinking, he is God, he knows everything. He knows, that mu children are not making so good effort. I asked them to remain ever happy but they lose their happiness. I ask them again and again. Enjoy Amrit vela, enjoy Murali, but they don't. HE knows everything, but he accommodates everything. He keeps everything inside as if he knows nothing as he is God of love. See how God is. How does he act. He knows that everyone will get the result according to ones actions, efforts, purushart. Everything is fixed in this drama. Whatever they have done on their last kalpa, they will do again now, so why should I not give love to them. I am the ocean of love. So he accommodates everything. Don't keep anything in his mind, just give, give, give. Love and good vibrations. We must also learn this from him, then we will enjoy our life. So now 2 practice we will do and then we will end this class. One is make your boat, a beautiful boat. This boat will float in water in ocean and sit yourself in this boat worth your family. Put your worries, all negativity, all waste thoughts in this boat and see BaapDada is boatman. There are many many waves and storms in the ocean but we are getting carefree, because Baba is boatman. So our life is saved. And last thing again – Blessing from Baba.

Make a boat. This is the way we can surrender everything to him. Our life boat in the hand of God. See I am sitting in this boat with my family. All burdens, all tensions, put everything in this boat. BaapDada is boatman. There are many storms, waves in the ocean, but we are carefree, very light. Enjoying boating. Baba is responsible for everything. Surrender everything to him. Now invoke in front of you. Ask Baba, Oh Almighty baba, ocean of love, my supreme friend, please come down to me and bless me. On listening our invitation, ShivBaba started to come down, visualize him coming down. Coming down, entered in Brahma Baba's subtle body. He is shining in his forehead. Now both are coming down, from the way of sky. This divine angel is coming down., His light and might are spreading everywhere. Just as this entire world is enlightened from him, he came in front of me, smiling and giving Dristi. HE has put his hand of blessing on my head. Pure energy is spreading my whole body, including brain. He gave blessing. Oh great child, be victorious and be master almighty. Success is your birth right. Victory is your birth right. I am with you always. Om Shanti! Thank you very much.