

This is Our Family (Dadi Janki)

Considering ourselves to be souls and remembering Baba is not a matter of effort. We just need to keep swinging on the swing of love. Have you experienced how the cleanliness of that makes the soul peaceful?

The key is patience. Patience means to use this knowledge, not just to listen to or understand it. Whatever the problem - illness, relationships, circumstances - just be patient. In other words, use gyan. Then you will see how everything works out fine.

Use this gyan to remove waste thoughts, so that the soul can then fill with love, peace and happiness. This is purity - to be loveful, peaceful.

Purity invites the truth into the soul, making it clean enough for humility to settle in. Inviting humility inside in this way pushes the ego out. This changes our attitude, which in turn changes our drishti. The two are very closely connected to each other; they work together.

A clean, peaceful attitude, filled with feelings of friendship, creates a drishti of the same quality. 'Make others equal to yourself' means to share this friendly drishti and make everyone equal to you. It means to see others as Baba sees them and to enjoy feelings of friendship with all. Afteral, we are a family. .

In the earlier days, when Dadi was the yagya nurse, there could be 5 people needing massages or 10 people needing to be bathed, but Dadi never got tired; she could never complain. Why? Because of that feeling: this is my family.

Family doesn't go around airing everyone's defects. Family shares respect and love. It is no small thing to move along with love and make others move through love, too. 'Are you happy? Can I do anything for you?' Ask this to those who never get asked this question and see how happy they become.

Friendship with others is based on our friendship with God. That relationship depends on how much we become our own friend.

To create a powerfully pure attitude, use your rakhi ceremony to make firm, 'One Baba and none other.' Finish thoughts such as, 'This one is like this/this one is like that.' To have such thoughts means you've forgotten how wonderful your Baba is! Instead, think: 'My Baba. Who is like this/ like that.' Let nothing come between you and Baba.

Also, see to your character. Your inherent sweetness will begin working for you when you focus on remaining patient, peaceful and loving. Deeply realize that this is your final birth, your final moments. With a lot of love, explain to yourself that there is no longer any justification for blaming anyone or anything.

Keep Baba and His knowledge in front of you and your attitude will change. When our

attitude changes, so does our nature. Some don't even realize that their nature needs changing. However, we are not ok as we are. Ours is the very high aim of becoming complete and perfect. Now.

Om Shanti